

Algunas sugerencias para hacer los documentos: instrucciones médicas por anticipado (*Advance directives*), y última voluntad (*Living will*).

DMD Por el derecho a morir con dignidad, México: Voluntad anticipada (en varios idiomas de México)

https://dmd.org.mx/?page_id=282

Advance directives and End of Life Plan: National Institute of Aging:

<https://www.nia.nih.gov/health/advance-care-planning-health-care-directives>

Advance directives and Do not Resuscitate Orders: Family Doctor Organization

<https://familydoctor.org/advance-directives-and-do-not-resuscitate-orders/?adfree=true>

Making Medical Decisions for a Loved One at the End of Life (pdf)

https://www.acponline.org/system/files/documents/patients_families/end_of_life_issues/peace/med_decisions.pdf

Mayo Clinic: Plan ahead and get the medical care you want at the end of life

<https://www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/living-wills/art-20046303?p=1>

American Hospice Foundation: Advance Care Planning: Medical Issues to Consider

<https://americanhospice.org/caregiving/medical-issues-to-be-considered-in-advance-care-planning/>

Legal advance directives by USA State

<https://www.aarp.org/caregiving/financial-legal/free-printable-advance-directives/>

Living will template:

<https://legaltemplates.net/form/living-will/>